FAQs

Can I start now?
Yes! Begin fundraising and/or sharing right away.

Do I need social media to fundraise or share?
No! Social media can boost your efforts but it's optional. You can fundraise or share through phone calls, emails, or in-person conversations.

How should I ask for support?
Be authentic! Share why Kids Kicking Cancer's mission matters to you, and don't forget to include your personal fundraising page link! Click here to create your own Fundraiser Page, connected directly to our Giving Tuesday campaign, so donations made through your page are recognized and count toward our overall goal.

Don't want to set up a personal fundraising page?
Share this link: Kids Kicking Cancer – Give Lively

or our Text-to-Give number: **Text 4OURKIDS to 44-321**

Kids Kicking Cancer

Kids Kicking Cancer is a national nonprofit organization that uses an evidence-based therapeutic martial arts method to help children and families manage pain, stress, fear, and anxiety. Through breathing, relaxation, movement, and compassionate community, we equip children with tools for empowerment, resiliency, and healing.

Mission.

We work to ease the pain, stress and trauma of children while empowering them to heal physically, spiritually and emotionally.

Vision.

We envision a world where our therapeutic martial arts method becomes a pediatric Standard of Care model for pain, stress and anxiety that will lower the pain of clinically ill children indefinitely. Driven by our passion to serve, we aim to empower children to move from feeling helpless to building resiliency as they conquer their pain, stress and anxiety, ensuring they can emerge as a victor rather than a victim.

What is Sara's Pediatric Healing Program?
Sara's Pediatric Healing Program is the umbrella term for our core services, which include inpatient and outpatient programming.

The hospital is often the first place our Martial Artists meet heroes, working with their family and care team to create a targeted care plan, but our services don't stop there! Our Community Enhancement Programming offers in person & virtual wrap-around programming for children, their siblings, and caretakers.

What is the MATIO Method?
The MATIO Method delivers our unique therapeutic martial arts method—clinically evaluated and compassionately taught—that empowers children to manage pain, stress, fear and anxiety. It is the difference between a child simply complying with treatment—and a child feeling ownership, choice and power in their healing process.

The MATIO Method restores confidence, builds resilience and strengthens outcomes—one child at a time.

Our Services.

Our method uses elements of empowerment, breathing, relaxation and movement, vested in martial arts techniques, to help those we serve.

Through delivery of our evidence-based therapeutic martial arts method, our black-belt Martial Artists offer safe, non-contact and adaptable approaches that are accessible to all – working to complement a child's treatment plan in partnership with their health care team and family.

In addition to our black belt Martial Artists, a social worker and child life specialist on our team ensure services are readily available and offered at the highest level of quality possible.

All services are provided free of charge – to the primary student and their sibling(s) and primary caretaker(s) (traditionally parents). Programming is fluid – participants can register and begin participation at any time that is right for them. Transportation, also free of charge, is provided to participants to ensure accessibility is not a barrier.

Year-round programming is offered in-person and virtually, and includes:

- Transportation to and from classes, engagement opportunities and special events
- Access to specially tailored summer programming
- Annual engagement events
- Inpatient Programming Bedside engagement, in the hospital and clinical settings
- Outpatient Programming (specific to SE Michigan region) In-home, one-on-one, visits
- Martial Arts Instructor Led Community Classes for Students Little Heroes Classes (ages 3-6)
- Youth Classes (ages 6 and up)
- Family Support Programming AYA Teen Empowerment Programming (ages 11 and up)
- Parent/Caregiver Education Programming
- Culinary Art Therapy/Nutrition Education Classes
- Assistance with technology purchases for access to virtual programming
- Financial assistance for families-in-need
- Counseling and resources for dealing with illness and bereavement

Can't find your question? We're here to help.

Kids Kicking Cancer
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